



WORLDWIDE PRODUCE

menu planner

SEASONALITY GUIDE

AUGUST





WORLDWIDE PRODUCE
WWPRODUCE.COM (800) 300-2737

NOTE:

Our seasonality calendar is based on harvest histories and is intended as an informative *guide* to help you menu plan. Some items may not be available due to weather or unforeseen circumstances.

Check with your rep for additional information and to confirm availability.

Items that, historically, provide the best value are noted in **BOLD**.



AUGUST

SPECIALTY

ARUGULA
FRENCH HARICOT VERT BEANS

YELLOW WAX BEANS

BELGIAN ENDIVE

BROCCOLI RABE

CACTUS LEAVES

CACTUS PEARS

BABY CARROTS W/ TOPS

CHAMPAGNE GRAPES

CHILI PEPPERS

CUCUMBERS (ENGLISH, **LEMON**

& PICKLING)

CHERIMOYA

FENNEL

DILL WEED

BLACK MISSION FIGS

BROWN TURKEY FIGS

CALMYRNA FIGS

ELEPHANT GARLIC

EGGPLANT

JICAMA

KIWI - GOLD

ALL BABY LETTUCES

SPRING MIX

LOQUAT

LYCHEE (MEXICO, ISRAEL)

KIWANO MELON

YELLOW WATERMELON

CHANTERELLE MUSHROOM

TRUMPET MUSHROOM

OKRA

PAPAYA (MEXICAN)

DONUT PEACHES

ENGLISH PEAS

SUGAR SNAP PEAS

RADICCHIO

CELERY ROOT

HORSERADISH ROOT

SHALLOTS

BABY SPINACH

CHAYOTE SQUASH

TAMARILLO

HEIRLOOM TOMATOES

CHERRY HEIRLOOM

TOMATOES



AUGUST

FRUIT

APPLES
ASIAN PEARS
APRICOTS
AVOCADOS
BANANAS
BLUEBERRIES
BLACKBERRIES
RASPBERRIES
STRAWBERRIES
CHERRIES
GRAPES
LIMES
KIWI

MANGOES
CANTALOUPE
HONEYDEW
WATERMELON
NECTARINES (YELLOW & WHITE)
ORANGES (VALENCIA & NAVEL)
PAPAYA
PEACHES (YELLOW & WHITE)
PEARS (BARLETT)
PINEAPPLE
PLUMS
PLUOT
PRUNES

VEGETABLE

GREEN BEANS
BELL PEPPERS
BROCCOLI
BROCCOLINI
CABBAGE
CARROTS
CAULIFLOWER
CELERY
CORN
CUCUMBERS
EGGPLANT

GARLIC
LETTUCES
ONIONS
SNOW PEAS
RED POTATOES
WHITE POTATOES
RADISHES
SPINACH
SQUASH
TOMATOES

