



**WORLDWIDE PRODUCE**

# menu planner

**SEASONALITY GUIDE**

**FEBRUARY**





**WORLDWIDE PRODUCE**  
**WWPRODUCE.COM (800) 300-2737**

**NOTE:**

Our seasonality calendar is based on harvest histories and is intended as an informative *guide* to help you menu plan. Some items may not be available due to weather or unforeseen circumstances.

Check with your rep for additional information and to confirm availability.

Items that, historically, provide the best value are noted in **BOLD**.



# FEBRUARY

## SPECIALTY

CHINESE LONG BEANS

DRAGON BEANS

FAVA BEANS

FRENCH BEANS

PURPLE WAX BEANS

YELLOW BEANS

BELGIAN ENDIVE

BABY BOK CHOY

BROCCOLI RABE

CACTUS LEAVES

**CAPE GOOSEBERRY**

**CARDOON**

**BABY CARROTS W/ TOPS**

CHERIMOYA

**BLOOD ORANGES**

**CARA CARA ORANGES**

**KUMQUATS**

**ORO BLANCO**

**PUMMELO**

**FENNEL**

**GREEN GARLIC**

HEARTS OF PALM

JICAMA

KOHLRABI (GREEN & PURPLE)

ALL BABY LETTUCES

SPRING MIX

KIWANO MELONS

CHANTERELLE MUSHROOM

HEDGEHOG MUSHROOM

PORCINI MUSHROOM

TRUFFLES

WOODEAR MUSHROOM

**PASSION FRUIT**

ENGLISH PEAS

SUGAR SNAP PEAS

PEARL ONIONS

**FINGERLING POTATOES**

**PURPLE POTATOES**

**YUKON GOLD**

RADDICHIO

**RHUBARB**

CELERY ROOT

GINGER ROOT

HORERADISH ROOT

SHALLOTS

BABY SPINACH

CHAYOTE SQUASH

STAR FRUIT

SUNCHOKE



# FEBRUARY

## FRUIT

**APPLES**  
**AVOCADOS**  
**BANANAS**  
**GRAPES (CHILE)**  
**GRAPEFRUIT**  
**NAVEL ORANGES**  
**TANGERINES**  
**TANGELOS**  
**KIWI**

**MANGOES (BRAZIL)**  
**CANTALOUPE**  
**HONEYDEW**  
**NECTARINES (CHILE)**  
**PAPAYA**  
**PEACHES (CHILE)**  
**PEARS**  
**PINEAPPLE**  
**PLUMS (CHILE)**

## VEGETABLE

**ARTICHOKES**  
**ASPARAGUS**  
**GREEN BEANS**  
**BEETS**  
**BELL PEPPERS**  
**BROCCOLI**  
**BROCCOLINI**  
**BRUSSELS SPROUTS**  
**CABBAGE**  
**CAULIFLOWER**  
**CELERY**  
**CORN**  
**LEEKs**  
**LETTUCES**

**SPRING SWEET ONIONS**  
**PARSNIPS**  
**SNOW PEAS**  
**PEPPERS**  
**RUSSET POTATOES**  
**RED POTATOES**  
**WHITE POTATOES**  
**RADISH**  
**RUTABAGAS**  
**YELLOW CROOKNECK SQUASH**  
**ZUCCHINI**  
**SWEET POTATOES**  
**TOMATOES**  
**TURNIPS**

