



WORLDWIDE PRODUCE

menu
planner

SEASONALITY GUIDE

JANUARY





WORLDWIDE PRODUCE
WWPRODUCE.COM (800) 300-2737

NOTE:

Our seasonality calendar is based on harvest histories and is intended as an informative *guide* to help you menu plan. Some items may not be available due to weather or unforeseen circumstances.

Check with your rep for additional information and to confirm availability.

Items that, historically, provide the best value are noted in **BOLD**.



JANUARY

SPECIALTY

DRAGON SHELLING BEANS

FRENCH BEANS

PURPLE WAX BEANS

YELLOW BEANS

BELGIAN ENDIVE

BROCCOLI RABE

CACTUS LEAVES

CARDOON

BABY CARROTS W/ TOPS

CELERY

CHERIMOYA

BLOOD ORANGES

CARA CARA ORANGES

KUMQUATS

ORO BLANCO

PUMMELO

FENNEL

HEARTS OF PALM

JICAMA

GREEN KOHLRABI

PURPLE KOHLRABI

ALL BABY LETTUCES

SPRING MIX

CHANTERELLE MUSHROOM

HEDGEHOG MUSHROOM

PORCINI MUSHROOM

TRUFFLE S

PEARL ONIONS

ENGLISH PEAS

SUGAR SNAP PEAS

FINGERLING POTATOES

PURPLE POTATOES

YUKON GOLD POTATOES

RADICCHIO

RADISHES

GINGER

HORSERADISH

RHUBARB

SHALLOTS

BABY SPINACH

CHAYOTE SQUASH

STAR FRUIT



JANUARY

FRUIT

APPLES

APRICOTS (CHILE)

AVOCADOS

BANANAS

CHERRIES (CHILE)

GRAPES (CHILE)

KIWI

MANGOS (BRAZIL)

GRAPEFRUIT

KUMQUATS

MEYER LEMON

NAVEL ORANGES

TANGELOS

TANGERINES

CANTALOUPE

HONEYDEW

NECTARINES (CHILE)

PAPAYA

PEACHES (CHILE)

PEARS

PINEAPPLE

PLUMS (CHILE)

VEGETABLE

ASPARAGUS

GREEN BEANS

BEETS

BROCCOLI

BRUSSELS SPROUTS

CABBAGE

CAULIFLOWER

EGGPLANT

LEEKs

SPRING SWEET ONIONS

SNOW PEAS

RHUBARB

RUTABAGAS

BABY SPINACH

HARD WINTER SQUASH

