



**WORLDWIDE PRODUCE**

menu  
planner

**SEASONALITY GUIDE**

**JUNE**





**WORLDWIDE PRODUCE**  
**WWPRODUCE.COM (800) 300-2737**

**NOTE:**

Our seasonality calendar is based on harvest histories and is intended as an informative *guide* to help you menu plan. Some items may not be available due to weather or unforeseen circumstances.

Check with your rep for additional information and to confirm availability.

Items that, historically, provide the best value are noted in **BOLD**.



# JUNE

## SPECIALTY

ARUGULA  
CRANBERRY BEANS  
DRAGON TONGUE BEANS  
FAVA BEANS  
FRENCH HARICOT VERT BEANS  
PURPLE BEANS  
YELLOW WAX BEANS  
BELGIAN ENDIVE  
CAPE GOOSEBERRIES  
RASPBERRIES  
BROCCOLI RABE  
CACTUS LEAVES

### **BABY CARROTS W/ TOPS**

CHILI PEPPERS  
CUCUMBERS  
FENNEL  
FIDDLEHEAD FERN  
**FIGS**  
ELEPHANT GARLIC  
JICAMA  
KOHLRABI  
KIWI - GOLD  
ALL BABY LETTUCES

SPRING MIX  
LOQUAT  
LYCHEE  
YELLOW WATERMELON  
CHANTERELLE  
LOBSTER MUSHROOM  
OKRA  
PAPAYA (MEXICAN)  
PASSION FRUIT  
ENGLISH PEAS  
SUGAR SNAP PEAS  
PEPINO  
PERSIMMONS (CHILE)  
BABY PINEAPPLE  
RADICCHIO  
RHUBARB  
CELERY ROOT  
HORSERADISH ROOT  
SHALLOTS  
BABY SPINACH  
**CHAYOTE SQUASH**  
**STAR FRUIT**  
HEIRLOOM TOMATOES



# JUNE

## FRUIT

**APPLES**  
**APRICOTS**  
**AVOCADOS**  
BANANAS  
**BLUEBERRIES**  
**BLACKBERRIES**  
**RASPBERRIES**  
**STRAWBERRIES**  
**BING & RAINIER CHERRIES**  
PERLETTE & RED FLAME GRAPES  
KIWI  
LIMES

**MANGOES**  
**CANTALOUPE**  
**HONEYDEW**  
**WATERMELON**  
**NECTARINES**  
ORANGES  
PAPAYA  
**PEACHES**  
PINEAPPLE  
**PLUMS**  
**PLUOTS**

## VEGETABLE

**ASPARAGUS**  
**GREEN BEANS**  
**BELL PEPPERS**  
BROCCOLI  
BROCCOLINI  
CABBAGE  
CARROTS  
CAULIFLOWER  
CELERY  
**CORN**  
CUCUMBERS

EGGPLANT  
GARLIC  
LETTUCES  
**SWEET ONIONS**  
SNOW PEAS  
**RED POTATOES**  
**WHITE POTATOES**  
RADISHES  
SPINACH  
**SQUASH**  
TOMATOES

