



WORLDWIDE PRODUCE

menu planner

SEASONALITY GUIDE

MARCH





WORLDWIDE PRODUCE
WWPRODUCE.COM (800) 300-2737

NOTE:

Our seasonality calendar is based on harvest histories and is intended as an informative *guide* to help you menu plan. Some items may not be available due to weather or unforeseen circumstances.

Check with your rep for additional information and to confirm availability.

Items that, historically, provide the best value are noted in **BOLD**.



MARCH

SPECIALTY

ASIAN PEARS

BABY ARTICHOKEs

CHINESE LONG BEANS

FAVA BEANS

FRENCH BEANS

YELLOW WAX BEANS

BELGIAN ENDIVE

CAPE GOOSEBERRIES

BOK CHOY

BROCCOLI RABE

CACTUS LEAVES

CARDOON

BABY CARROTS W/ TOPS

CHERIMOYA

BLOOD ORANGE

CARA CARA ORANGE

COCKTAIL GRAPEFRUIT

KUMQUATS

MEYER LEMON

FEIJOA

FENNEL

FIDDLEHEAD FERN

ELEPHANT GARLIC

GREEN GARLIC

HEARTS OF PALM

JICAMA

ALL BABY LETTUCES

SPRING MIX

KIWANO MELONS

CHANTERELLE MUSHROOM

HEDGEHOG MUSHROOM

BOILER ONIONS

CIPOLLINI ONIONS

PEARL ONIONS

SPRING SWEET ONIONS

PASSION FRUIT

BABY PINEAPPLE (AFRICA)

FINGERLING POTATOES

PURPLE POTATOES

YUKON GOLD POTATOES

RADICCHIO

RADISHES

RHUBARB

CELERY ROOT

GINGER ROOT

HORSERADISH

BABY SPINACH

CHAYOTE SQUASH

STAR FRUIT

SUNCHOKES

RED TAMRILLO

WATERCRESS



MARCH

FRUIT

APPLES

AVOCADOS

BANANAS

STRAWBERRIES

HONEY TANGERINE

GRAPEFRUIT

NAVEL ORANGES

KIWI

MANGOES

CANTALOUPE

HONEYDEW

NECTARINES (CHILE)

PAPAYA

PEACHES (CHILE)

PEARS

PINEAPPLE

PLUMS (CHILE)

VEGETABLE

ARTICHOKES

ASPARAGUS

GREEN BEANS

BEETS

BELL PEPPERS

BROCCOFLOWER

BROCCOLI

BROCCOLINI

BRUSSELS SPROUTS

CABBAGE

CAULIFLOWER

CELERY

CORN

CUCUMBERS

EGGPLANT

LEEKs

LETTUCES

SPRING SWEET ONIONS

PARSNIPS

PEPPERS

RUSSET POTATOES

RED POTATOES

WHITE POTATOES

RADISH

YELLOW CROOKNECK SQUASH

ZUCCHINI

SWEET POTATOES

TOMATOES

