



WORLDWIDE PRODUCE

menu planner

SEASONALITY GUIDE

MAY





WORLDWIDE PRODUCE
WWPRODUCE.COM (800) 300-2737

NOTE:

Our seasonality calendar is based on harvest histories and is intended as an informative *guide* to help you menu plan. Some items may not be available due to weather or unforeseen circumstances.

Check with your rep for additional information and to confirm availability.

Items that, historically, provide the best value are noted in **BOLD**.



MAY

SPECIALTY

BABY ARTICHOKEs

FAVA BEANS

BELGIAN ENDIVE

BROCCOLI RABE

CACTUS LEAVES

CACTUS PEAR

BABY CARROTS W/ TOPS

CHERIMOYA

BLOOD ORANGES

MEYER LEMON

FEIJOA

FENNEL

FIDDLEHEAD FERN

KOHLRABI

KUMQUATS

ALL BABY LETTUCEs

SPRING MIX

LYCHEE

KIWANO MELONS

MOREL MUSHROOM

SPRING SWEET ONIONS

ENGLISH PEAS

PEPINO

PERSIMMONS (CHILE)

BABY PINEAPPLE

PURPLE POTATOES

YUKON GOLD POTATOES

QUINCE

RADICCHIO

RHUBARB

CELERY ROOT

HORSERADISH

BABY SPINACH

CHAYOTE SQUASH

STAR FRUIT

TAMRILLO



MAY

FRUIT

- APPLES
- APRICOTS**
- AVOCADOS**
- BANANAS
- BLUEBERRIES**
- BLACKBERRIES**
- RASPBERRIES**
- STRAWBERRIES**
- CHERRIES
- GRAPEFRUIT
- ORANGES
- GRAPES (PERLETTE)
- CANTALOUPE**
- HONEYDEW
- WATERMELON**
- KIWI
- MANGOES**
- NECTARINES
- PAPAYA
- PEACHES
- PEARS
- PINEAPPLE

VEGETABLE

- ARTICHOKES**
- ASPARAGUS**
- BEETS
- BELL PEPPERS
- BROCCOLI
- BROCCOLINI
- CABBAGE
- CAULIFLOWER
- CELERY
- CORN
- CUCUMBERS
- GREEN BEANS (NEW CROP)
- LEEKs
- LETTUCES
- OKRA
- SPRING SWEET ONIONS**
- VIDALIA ONIONS**
- PEAS
- PEPPERS
- RED POTATOES
- WHITE POTATOES
- RADISH
- SHALLOTS
- SPINACH
- SQUASH

