



WORLDWIDE PRODUCE

menu planner

SEASONALITY GUIDE

SEPTEMBER





WORLDWIDE PRODUCE
WWPRODUCE.COM (800) 300-2737

NOTE:

Our seasonality calendar is based on harvest histories and is intended as an informative *guide* to help you menu plan. Some items may not be available due to weather or unforeseen circumstances.

Check with your rep for additional information and to confirm availability.

Items that, historically, provide the best value are noted in **BOLD**.



SEPTEMBER

SPECIALTY

ASIAN PEARS

BELGIAN ENDIVE
BROCCOLI RABE
CACTUS LEAVES
CACTUS PEARS

BABY CARROTS W/ TOPS

CHERIMOYA

CHILI PEPPERS

ENGLISH CUCUMBER
DRAGON FRUIT
FENNEL

BLACK MISSION FIGS

BROWN TURKEY FIGS

KADOTA FIGS

GOURDS

INDIAN CORN

JICAMA
KOHLRABI
BABY KIWI
ALL BABY LETTUCES
SPRING MIX

LYCHEE

CHANTERELLE MUSHROOM

LOBSTER MUSHROOM

OKRA

CIPOLINI ONIONS

PEARL ONIONS

PAPAYA (MEXICAN)

PASSION FRUIT

SUGAR SNAP PEAS

PERSIMMONS

POMEGRANATE

YUKON GOLD POTATOES

QUINCE

RADICCHIO

GINGER ROOT

HORSERADISH ROOT

SHALLOTS

BABY SPINACH

CHAYOTE SQUASH

TAMARILLOS

HEIRLOOM TOMATOES



SEPTEMBER

FRUIT

APPLES (NEW CROP)

AVOCADOS (NEW CROP CHILE)

MANGOES

RASPBERRIES

STRAWBERRIES

ORANGES (VALENCIA & NAVEL)

NECTARINES (NORTHWEST)

GRAPES

LIMES

KIWI

CANTALOUPE

HONEYDEW

PAPAYA

PEACHES (NORTHWEST)

PEARS (BARLETT & WINTER)

PINEAPPLE

PLUMS

TANGERINES

VEGETABLE

ASPARAGUS (WHITE & GREEN)

BELL PEPPERS

BROCCOLI

BROCCOLINI

CABBAGE

CARROTS

CAULIFLOWER

CELERY

CORN

CUCUMBERS

EGGPLANT

GARLIC

GREEN BEANS

HERBS

LEEKS

LETTUCES

MUSHROOMS

ONIONS

RUSSET POTATOES

RED POTATOES

WHITE POTATOES

PUMPKINS

RADISH

SNOW PEAS

SPINACH

SUMMER SQUASH

WINTER SQUASH

SWEET POTATOES

TOMATOES

